

The 'Perfect' Body Image?

If you could create the 'perfect' body, from whom would you take body parts?

Over the next week, collect together some magazines and cut out the individual body parts that you feel make the 'perfect' body. Put them all together to form the 'perfect' body in the box on the left. Stick a picture of yourself taken when you were feeling particularly happy in the box on the right.

'Perfect' Body Image?	Me

