

# SURREY NURTURING SCHOOLS PROGRAMME

## Surrey Nurturing Schools Programme 2024-2026

### Onboarding pack: Cohort 1





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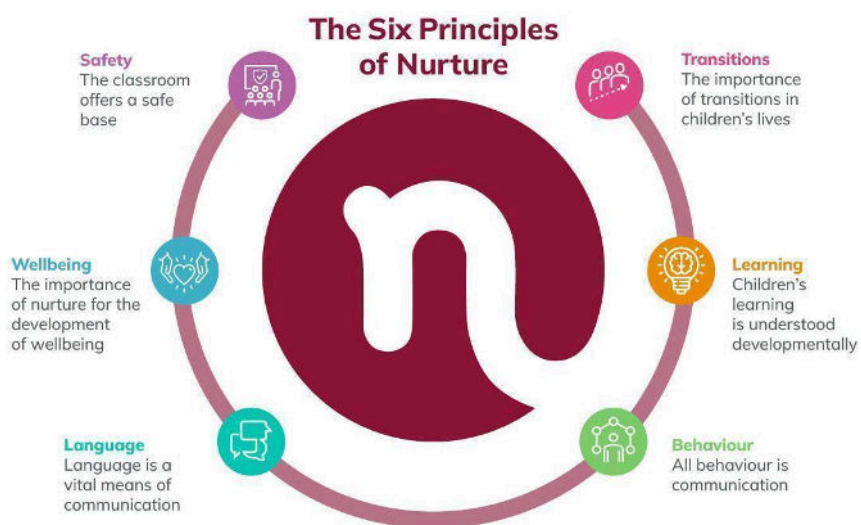


## About nurtureuk

nurtureuk is a national charity dedicated to improving children's mental health and well-being by breaking down barriers to learning. For over fifty years, we have provided training, consultancy, publications, and resources to equip educators with the tools and knowledge they need to teach in a way that meets the diverse needs of children and young people.

## Introducing the concept of nurture

Nurture emphasises the significance of social environments in shaping social emotional skills, well-being, and behaviour. Based in Attachment Theory, the nurturing approach supports children to address any developmental gaps by engaging them in nurturing experiences. This supports attainment, improves communication, develops resilience and improves confidence as they navigate life's challenges. All our work is underpinned by the six principles of nurture and supported by the The Boxall Profile®:



Authors: Eva Holmes and Eve Boyd



**The Boxall Profile®** is the best way to identify and address hidden issues. The combination of the assessment tool and the six principles helps to create a nurturing environment that effectively supports all children and young people's emotional and social wellbeing.



## Programme Overview

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Welcome to the Surrey Nurturing Schools Programme, provided by SAfE, in partnership with the Inclusion Innovation Working Group, the Surrey Mental Health Investment Fund and nurtureuk. We're excited to go on this journey with you..

Over the next 2 years, we will deliver CPD-accredited, evidence-based training to 100 schools in Surrey, including yours. At the end of this programme, your school will have the knowledge and resources you need to:

- Respond more effectively to social, emotional mental health (SEMH) needs and behavioural challenges
- Improve the mental health and wellbeing of your pupils.

We will do this by supporting you to embed a nurturing culture, building on your school's core beliefs, knowledge of your pupils' needs, and your commitment to supporting them to achieve their very best. We can't wait to get started!

In this Onboarding Pack is all the information you should need about becoming a Nurturing School, including details on the 3 core training sections, who should attend training from your school, delivery dates, how to book on and who to contact for more information. We've also included a helpful FAQ section at the end of this document.

The below table provides an overview of the whole programme for your cohort and should act as a guide to support your planning.



Term	Training Course	Topics/Focus	Who should attend	Time	Format
Summer	<b>Introduction to the Six Principles of Nurture</b>	<ul style="list-style-type: none"> <li>What are the Six Principles of Nurture?</li> <li>How do the Six Principles create a more inclusive culture?</li> </ul>	School leads/any staff engaging in programme	1 hour	Live webinar via Zoom
	<b>Theory and Practice of the Boxall Profile®</b>	<ul style="list-style-type: none"> <li>Boxall Profile® - theoretical underpinning</li> <li>Creating and interpreting assessment of needs</li> <li>Planning response to SEMH needs using the tools strategies for individuals and groups</li> </ul>	1 person with strategic responsibility for SEMH (e.g. SENCO)	7 hours (+ 2hr task)	1 day live training via Zoom
<b>Boxall Profile® Subscription Activated</b>					
Autumn	<b>Surrey Nurturing Schools Programme: Whole School Approach</b>	<p>5 half-day group sessions delivered over 12 months. Modules will cover:</p> <ul style="list-style-type: none"> <li>Theoretical underpinnings of whole-school approach</li> <li>How to use Boxall Profile® across whole-school</li> <li>Audit of inclusive practice in your setting, based on the Six Principles Framework</li> <li>Group review sessions to share progress</li> </ul> <p>At 12-months, schools will book a 121 consultancy session to support further development and progress towards Nurturing Schools Award.</p>	2 members of staff, 1 must be a member of SLT	22 hours (excl. application to Nurturing Schools Award)	5 half-days live training via Zoom + 1 hour consultancy
Spring	<b>Theory and Practice of Nurture Groups™</b>	<ul style="list-style-type: none"> <li>Theoretical underpinnings of Nurture Groups™</li> <li>Nurturing interventions good practice</li> <li>How to develop nurture practice in your setting</li> </ul> <p>SCQF accredited assignment worth 13 points at level 8.</p>	2 members of staff e.g. classroom practitioners, teachers/support staff	21 hours (excl. assignment)	3 days live training via Zoom

COHORT 1



## Programme Team

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## Sections of the Programme

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### Termly Network Events

nurtureuk and SAfE will be providing termly network events to all schools enrolled in the programme. These events will support learning, embed best practice, and provide an opportunity for schools to network with others on the programme.

These sessions will be delivered via Zoom at a time best suited to school professionals.

### Introduction to the Six Principles of Nurture

We welcome you to join us at the first networking event of the programme, focused on the Six Principles of Nurture, which form the basis of all the training being delivered as part of the Surrey Nurturing Schools Programme.

A solid understanding of The Six Principles of Nurture is crucial for education professionals looking to implement nurture in their settings. The Six Principles help staff to focus on the social and emotional needs and development of children and young people, ensuring all pupils are ready to learn.

This session will introduce you to the Six Principles and provide you with an opportunity to meet some of the other schools joining the Surrey Nurturing Schools Programme.

**Who should attend?** School leads/any staff interested

**Duration:** 1 hour live webinar via Zoom

**Group size:** approx. 30 people



## Theory and Practice of The Boxall Profile®

[The Boxall Profile®](#) is a unique online platform designed to assess the social, emotional, and mental health of children and young people. The Boxall Profile® is recommended by the Department of Education in their Mental Health and Behaviour in Schools Guidance (2018).<sup>1</sup>

The tool helps educators to:

- Identify and assess SEMH and behavioural needs.
- Set targets and strategies to address gaps in development.
- Track progress over time and identify effective strategies.
- Plan targeted approaches to address SEMH needs
- Measure the impact of mental health support.
- Raise awareness of mental health and well-being in schools.

Schools signing up to the Surrey Nurturing Schools Programme will be given **2 year's subscription to the Boxall Profile® Online** as well as **training for 10 staff** in how to create and interpret online assessments. Your Boxall Profile® Subscription will be set up after you attend the Theory and Practice of the Boxall Profile®.

**Who should attend?** 1 staff member with strategic responsibility for social, emotional, and mental wellbeing in your setting attends (e.g. SENCO).

**Duration:** 1 day

**Time commitment:** 7 hours (+ 2hr independent task)

**Format:** online via Zoom

**Group size:** 12 delegates

**Learning resources:** Delegates participating in this course will receive the following resources in the post 1-2 weeks before the course starts:

Primary	Secondary
Boxall Profile Handbook x 1	Boxall Profile for Young People Handbook x1
Beyond the Boxall Profile x 1	Beyond the Boxall Profile for Young People x1
Workbook and Planner x 1	Workbook and Planner x 1
Green insert x 1	Blue insert x 1



## Surrey Nurturing Schools Programme: Whole School Approach

This course is the key section of the training programme. It provides a guided framework for implementing a whole-school nurturing approach. The programme will support your school to:

- Prioritise students' emotional needs alongside academic attainment
- Embed the six principles of nurture in school policies and practices
- Evidence the need to provide additional support for children and young people with more complex or severe social, emotional and mental health needs.

**Who should attend?** 2 staff, including 1 member of the Senior Leadership Team.

**Duration:** 18 months

**Time commitment:** 22 hours over the programme

**Format:** online via Zoom, with a mix of live sessions and platform-based activities

**Group size:** 12 delegates (2 from each school)

**Learning resources:** Schools participating in this course will receive the following resources in the post 1-2 weeks before the course starts:

Primary	Secondary
Boxall Profile: Whole Class Strategies x1	Boxall Profile: Whole Class Strategies x1
Planner x 2	Planner x 2
Workbook x 2	Workbook x 2
Green insert x 2	Blue insert x 2

The 18-month programme involves a combination of online group modules led by an experienced consultant trainer, as well as independent tasks on our online learning platform, with regular reviews and opportunities for tailored support. Both delegates are expected to attend every module of training.

Below is an outline of the modules and what you can expect to learn:



Stage	Module Outline	Time Allocation	Format
1 (within first month)	<b>Module 1: A whole-school approach</b> 6 Principles of Nurture, The Boxall Profile® Boxall Profile® Competencies Course	6 hours (incl. independent task)	Group half-day online via Zoom
	<b>Module 2: Rationale</b> Attachment theory, neuroscience, resilience and 6 principles Audit	5 hours (incl. independent task)	Group half-day online via Zoom
	<b>Module 3: Areas for development</b> Programme resources	4 hours	Group half-day online via Zoom
2	<b>4 month review:</b> 6 Principles Framework Access to programme menu of 121 support, publications and webinars.	3 hours	Group half-day online via Zoom
3	<b>8 month review:</b> the Boxall Profile®	3 hours	Group half-day online via Zoom
4	<b>12 month review:</b> self assessment review and planning for the award.	1 hour	121 with trainer online via Zoom
5	<b>National Nurturing School Award</b> 6-months to apply, valid for 3 years	Evidence gathered virtually, e.g. discussions, interviews, photographs.	

### Nurturing Schools Programme Menu

Each school is given 400 points (value £400) to use to access additional 121 support from your trainer, as well as publications, webinars and practical resources. This menu enables you to tailor your experience by purchasing the resources your school needs at no extra cost to you. This menu is available once you have attended the 4 month review.

### Nurturing Schools Award

Once schools have completed 12 months of the programme, they will be supported to apply for the **National Nurturing Schools Award**, valid for 3 years. This award is evidence of a school's success in embedding a nurturing culture. It can be used to promote the schools' achievements in creating an inclusive learning environment to school inspectors, as well as to current and prospective parents and carers.



## The Theory and Practice of Nurture Groups™

This course develops your school's nurture practice by training practitioners to deliver evidence-based nurture interventions and/or establish a [nurture group](#). Nurturing interventions replace missing early attachment experiences for children and young people, so that they can develop positive relationships with both teachers/peers in a supportive environment.

The course is accredited by [Scottish Credit Qualifications Framework](#) (SCQF) and includes an evaluation graded at Level 8. Passing this evaluation is essential if settings are looking to establish a nurture group and hoping to progress onto achieving the [Marjorie Boxall Quality Mark Award](#) (MBQMA).

**Who should attend?** 2 staff (practitioners, classroom teachers/support staff)

**Duration:** 3 days (2 consecutive days, with the 3rd day 4-6 weeks later)

**Time commitment:** 21 hours (excluding assignment)

**Format:** online via Zoom, with a mix of live sessions and platform-based activities

**Group size:** 12 delegates (2 from each school)

**Learning resources:** Delegates participating in this course will receive the following resources in the post at least 2 weeks before the course starts:

Primary	Secondary
Boxall Profile Handbook x 1 per person	Boxall Profile for Young People Handbook x 1 per person
Beyond the Boxall Profile x 1 per person	Beyond the Boxall Profile for Young People x 1 per person
Green insert x 1 per person	Blue insert x 1 per person
Theory and Practice Handbook x 1 per person	Theory and Practice Handbook x 1 per person
Assignment Guidance	Assignment Guidance

*I instantly saw a change in behaviour from my son - before it was a struggle to get him to school and he did not want to go, but now when I mention it's time for Nurture he is the first one in the shower ready to go. On weekends he cannot wait to start school on Monday as he said in his words "mummy I love school I like learning".*

Parent of child attending nurture provision, January 2023



## How to Book

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You will be required to make a separate booking for each section of the programme. This means each school will need to make 4 bookings:

1. Introduction to the Six Principles of Nurture
2. Theory and Practice of the Boxall Profile
3. Whole School Approach
4. Theory and Practice of Nurture Groups

To offer flexibility, we have a range of dates available for each course. Please review the dates provided below and book onto your preferred group. Places are booked on a first come, first served basis.

It is important that the members of staff attending the training book themselves onto the relevant course. This makes sure the right information is sent to the right delegates at the right time (e.g. Zoom links).

[Visit our website to book your place before the 26th April.](#)

Once you have made a booking you will receive a confirmation email from nurtureuk.

If you have any questions about booking, please see the FAQ section at the end of this document, or get in touch with us at [info@nurtureuk.org](mailto:info@nurtureuk.org)



## Delivery Dates

Following the selection panel you have been allocated a space on **Cohort 1**. Please see below the delivery dates available for you to select from:

Programme Section	Cohort 1 Delivery Dates
<p><b>Introduction to the Six Principles of Nurture</b></p> <p>As many staff that would like to attend</p>	<p><u>Group 1:</u> Wednesday 17th April, 9.30-10.30am</p> <p><u>Group 2:</u> Thursday 18th April, 4-5pm</p>
<p><b>Theory and Practice of Boxall Profile®</b></p> <p>1 member of staff with strategic responsibility for SEMH/SEND needs (e.g. SENCO)</p>	<p><u>Group 1:</u> Tuesday 21st May, 9am-4pm</p> <p><u>Group 2:</u> Wednesday 22nd May, 9am-4pm</p> <p><u>Group 3:</u> Thursday 23rd May, 9am-4pm</p> <p><u>Group 4:</u> Monday 24th June, 9am-4pm</p> <p><u>Group 5:</u> Tuesday 25th June, 9am-4pm</p> <p><u>Group 6:</u> Thursday 27th June, 9am-4pm</p>
<p><b>Surrey Nurturing Schools Programme: Whole School Approach</b></p> <p>2 members of staff, 1 <u>must</u> be a member of SLT (e.g. SENCO and Assistant Head).</p> <p>Both staff must be available to attend all modules.</p> <p><i>*Please note, although the starting day may be the same for each group, the following module dates may differ</i></p>	<p><u>Group 1</u></p> <p>Module 1: Friday 27th September 2024, 9am-12pm  Module 2: Friday 11th October 2024, 9am-12pm  Module 3: Friday 18th October 2024, 9am-1pm  4 month review: Friday 14th February 2025, 9am-12pm  8 month review: Friday 6th June 2025, 9am-12pm  12 month review: 1 hour on 9th/16th Oct 25</p> <p><u>Group 2*</u></p> <p>Module 1: Tuesday 1st October 2024, 9am-12pm  Module 2: Tuesday 15th October 2024, 9am-12pm  Module 3: Tuesday 22nd October 2024, 9am-1pm  4 month review: Tuesday 4th February 2025, 9am-12pm  8 month review: Tuesday 3rd June 2025, 9am-12pm  12 month review: 1 hour on 7th/14th Oct 25</p> <p><u>Group 3*</u></p> <p>Module 1: Tuesday 1st October 2024, 9am-12pm</p>



	<p>Module 2: Tuesday 15th October 2024, 9am-12pm Module 3: Tuesday 22nd October 2024, 9am-1pm 4 month review: Tuesday 11th February 2025, 9am-12pm 8 month review: Tuesday 3rd June 2025, 9am-12pm 12 month review: 1 hour on 7th/9th Oct 25</p> <p><u>Group 4*</u> Module 1: Tuesday 1st October 2024, 9am-12pm Module 2: Tuesday 15th October 2024, 9am-12pm Module 3: Tuesday 22nd October 2024, 9am-1pm 4 month review: Tuesday 4th February 2025, 9am-12pm 8 month review: Tuesday 10th June 2025, 9am-12pm 12 month review: 1 hour on 7th/8th Oct 25</p>
<p><b>Theory and Practice of Nurture Groups™</b>  (2 members of staff)</p> <p><i>*Please note, although the starting day may be the same for each group, the following module dates may differ</i></p>	<p><u>Group 1</u> Day 1: Thursday 9th January 2025, 9am-4pm Day 2: Friday 10th January 2025, 9am-4pm Day 3: Friday 14th February 2025, 9am-4pm</p> <p><u>Group 2*</u> Day 1: Thursday 16th January 2025, 9am-4pm Day 2: Friday 17th January 2025, 9am-4pm Day 3: Thursday 27th February 2025, 9am-4pm</p> <p><u>Group 3*</u> Day 1: Thursday 16th January 2025, 9am-4pm Day 2: Friday 17th January 2025, 9am-4pm Day 3: Friday 14th February 2025, 9am-4pm</p> <p><u>Group 4</u> Day 1: Thursday 30th January 2025, 9am-4pm Day 2: Friday 31st January 2025, 9am-4pm Day 3: Friday 28th February 2025, 9am-4pm</p>



## Additional Resources

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All delegates will be able to access additional learning resources via nurtureuk's online learning platform. This will include:

- A digital version of this Onboarding Pack
- Recordings of Network Meetings and resources shared
- Webinars for ongoing whole-school CPD (e.g. Introduction to the Six Principles)

To access the online learning platform, please follow these 3 steps:

1. Have 1 person from your school [create an account here](#).
2. Click "Buy £50,000". **You will not have to input any payment information.**
3. Add the coupon code **sns24sur** to access this resource free of charge.

You will then have access to all of the online learning resources.

Members of staff participating in specific programme sections will also be given access to course-specific resources (e.g. assignment guidance). The trainer delivering the course will share instructions on how to access these resources following the training.

## FAQs

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### Why is a whole-school approach important?

A whole school approach is recommended in the [NICE guidelines](#) for Social, emotional and mental wellbeing in primary and secondary education (July 2022). These guidelines recommend that schools have a culture, ethos and practice that strengthens relational approaches and inclusion, and that recognises the importance of psychological safety.

A whole school approach means that all children who require social, emotional and mental health (SEMH) support are more likely to be identified and receive the right help at the right time. This approach ensures no child falls through the cracks and all children benefit, reaping the rewards of a more positive learning environment.

### What will the cost be for my school?

There is no cost for schools, the programme has been paid for by SAfE. However, there may be financial implications in the event of schools having to arrange cover for their staff attending courses. If you think costs for cover are going to be a significant barrier to you booking any aspect of the programme, please get in touch with [e.johnston@schoolsallexcel.com](mailto:e.johnston@schoolsallexcel.com)



### **How is the programme delivered, online or in person?**

All delivery by nurtureuk is online. Live training and any additional support is delivered via Zoom.

### **Will the same staff members have to attend each training section/module/session?**

To get the most value out of the programme, having multiple staff trained in different elements of nurturing approaches will support your school to build resilience and embed a nurturing ethos that will positively impact your whole school community.

We recommend that the member of staff who attends the Theory and Practice of the Boxall Profile® training has strategic responsibility for implementing the Boxall Profile®. It would make sense that the same member of staff would also enrol in the Surrey Nurturing Schools Programme: Whole School Approach.

It is a requirement that at least one member of SLT attends the Nurturing Schools Programme: Whole School Approach. The two members of staff who sign up for this section must attend all modules. Please consider this booking onto the programme and planning cover.

We recommend that the two members of staff who attend the Theory and Practice of Nurture Groups are different to those enrolled in the Nurturing Schools Programme: Whole School Approach. We recommend that classroom practitioners attend this training, as it is focused on delivering interventions to children and young people. The Theory and Practice of Nurture Groups training is excellent professional development for individuals. It is also a prerequisite for those looking to achieve the MBQMA.

### **What is the [Marjorie Boxall Quality Mark Award \(MBQMA\)](#)?**

The MBQMA is not a part of this programme but an award to be achieved two years after a nurture group has been established. To apply for the award, it is a prerequisite that at least one member of the nurture group staff has completed nurtureuk's Theory & Practice of Nurture Groups training and passed the related assignment.

### **What's the process for booking a place on the programme?**

After the panel selection process with SAfE, nurtureuk will follow up with the details of your cohort, including the relevant delivery dates and a link to book each section of the programme. This information can be found under the [How to Book](#) section in this pack.

The member of staff leading on this programme will decide which members of staff from your school will attend which sections of the programme. We recommend staff book themselves onto the programme section they will be attending following the links provided. In the [Programme Overview](#) you can see our recommendations for which staff should attend which programme section.



We have enough capacity to accommodate all 100 schools on this programme. However, places on specific dates/groups are booked on a first come first served basis. If you come to book and it is “sold out”, this means that the course is fully booked and you will need to select an alternative date.

Once you have booked, you will receive a confirmation email from nurtureuk. If you do not receive confirmation within 48 hours, please check your junk folder and/or email [info@nurtureuk.org](mailto:info@nurtureuk.org)

### **What if I can't make all the dates for my group?**

It is important you attend the dates you have booked for each of the courses. In exceptional circumstances, we may be able to accommodate changes. If you think you will have any difficulties attending, please contact [info@nurtureuk.org](mailto:info@nurtureuk.org)

### **What programme materials should I receive?**

We post printed learning resources to all delegates 1-2 weeks before a course is due to start. The materials are specific to whether you are a primary or secondary school.

Each school should check they have received all the correct materials ahead of their course. If you have not received your materials, please get in touch with [info@nurtureuk.org](mailto:info@nurtureuk.org) as soon as possible as you may not be able to participate in the training without the resources.

Post-learning, you will receive access to additional online resources. Your consultant will share this information with you.

### **How do I set up my Boxall Profile® Online subscription?**

We will contact the individual who attends the Theory and Practice of the Boxall Profile® training directly to set up your school's subscription to the Boxall Profile® Online. We will do this after the training has taken place.

They will need to create an account for your school before we can provide you with your 2 year subscription. Once this account has been created, your subscription will be activated and we will confirm this with you. Once the subscription has been set-up, you have full ownership of this account. The admin can add users and create other admins. There is plenty of information to support your use of the Boxall Profile® Online available in the [BPO Help Centre](#).

### **What if my school already has a Boxall Profile® account?**

Any data, tokens or EBPs you already have will remain on your account. If you have a current live subscription to the Boxall Profile®, we will extend your current subscription by two years.



## Who should I contact if I need help?

**Email:** [info@nurtureuk.org](mailto:info@nurtureuk.org)

**Phone:** 020 3962 0886

If contacting us by phone, please leave a voicemail and let us know you are a school enrolled on the Surrey Programme. We will respond to any emails and phone messages within 2 working days.

## What happens when the programme finishes?

**Become a nurtureuk member:** schools can sign up to become nurtureuk members for £96\* per school, providing access for up to 10 users to exclusive resources and 10% discount on nurtureuk publications and training.

**Boxall Profile® Online Subscription:** we will contact all schools about continuing their subscription to the Boxall Profile® following the 2 years' included as part of the programme. The Boxall Profile® Online annual subscription is priced at £325\* for Primary Schools and £500\* for secondary schools.

**Marjorie Boxall Quality Mark Award:** schools that have an established Nurture Group™ provision for 2 years or more can apply for the The Marjorie Boxall Quality Mark Award (MBQMA). This award is valid for 3 years. The cost for this is £495\*.

**Reaccreditation of the National Nurturing Schools Award:** schools can reapply for the award after 3 years. The cost for this is £595\*

*\*all prices are exclusive of VAT and subject to change, these are indicative costs based on the prices at the time of producing this document.*